



Empowering people to save starving children

Host a Hunger Fight!

Partner with us to host your own Hunger Fight here at the Patty Cownie PC, or at your company, church, school group or community organization. We have hosted hundreds of Mobile Hunger Fights across the Midwest.

what's needed for a successful event



a heart and passion
to help others



recruit volunteers to
join your fight



donations to pay
for ingredients

first steps to getting started



choose the date
of your event



choose a location for
your hunger fight



estimate the number of
volunteers participating

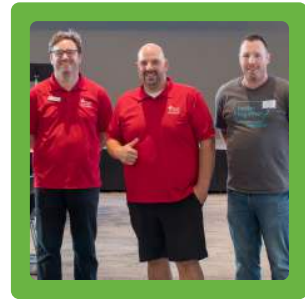
Contact us for more details!

contact@mealsfromtheheartland.org or 515-473-9530

Our Hunger Fight Managers ensure every meal packaging event meets food safety standards, hits packaging targets, and is a fun experience for all.

We provide:

- ✓ Ingredients, packaging supplies, and equipment
- ✓ Volunteer training
- ✓ Logistical assistance
- ✓ Meal distribution to families in need locally and globally



You'll fund \$0.29 per meal and gather volunteers:

- 📦 Packagers
- 💪 Volunteers that can lift 50 lbs.
- 👤♂ Table Leaders to assist with training & quality control
- 🧹 Set-Up/Clean-Up: 5–10 volunteers for prep and wrap-up

Let's fight hunger together! Reach out for more details.

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