Meals from the Heartland

Empowering people to save starving children

2020 HIGHLIGHTS

**Meals Packed Per Year**

<table>
<thead>
<tr>
<th>Year</th>
<th>Meals Packed</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>4 million</td>
</tr>
<tr>
<td>2011</td>
<td>6 million</td>
</tr>
<tr>
<td>2015</td>
<td>15.7 million</td>
</tr>
<tr>
<td>2019</td>
<td>23.1 million</td>
</tr>
<tr>
<td>2020</td>
<td>19 million</td>
</tr>
</tbody>
</table>

**Feeding America, 2020**

- 17 million children may experience food insecurity due to the coronavirus pandemic
- 11.1 million U.S. children struggle with hunger
- 1 in 7 Iowa children struggle with hunger

**94¢ of every dollar goes directly toward feeding program expenses**

**2020 Volunteer Experiences**

- 540 average number of meals packed per volunteer in a 2 hour shift
- 30,440 volunteers

**Annual Hunger Fight**

- 7,128,000 meals packed over a 3-week period Aug. – Sept.

**2008 2011 2015 2019 2020**

**57,941 total volunteer hours**

**19,068,480 total meals distributed in 2020**

- 1,674,864 meals distributed in Iowa
- 2,280,960 meals distributed nationally
- 15,112,656 meals distributed internationally*

**37 the number of countries our meals have been distributed to around the world**

**20¢ the cost of one meal**

**Hunger Stats:**

- 17 million children may experience food insecurity due to the coronavirus pandemic (Feeding America, 2020)
- 11.1 million U.S. children struggle with hunger (Feeding America, 2020)
- 1 in 7 Iowa children struggle with hunger (Feeding America, 2020)